

OUR PURPOSE

The Cincinnati 2030 District works with building owners and managers within the district to help them reduce energy water and transportation by 50% by 2030:



Reduce energy 50%



Reduce water usage 50%



Reduce transportation related emissions 50%



Support building's occupant health

The growing movement to design buildings that promote wellness and improve the health of building occupants offers an opportunity to significantly enhance community health outcomes, while increasing the performance and capabilities of organizations and individuals.



CINCINNATI IS THE FIRST 2030 DISTRICT TO ESTABLISH A DISTRICT-WIDE HEALTHY BUILDING MODEL

This innovative model, created by the Cincinnati 2030 District, focuses on regional health needs and promotes healthy behaviors and building performance to address chronic diseases such as heart disease, cancer, asthma, and diabetes. In collaboration with the International WELL Building Institute, and using the local Community Health Needs Assessment, this program was created using the building blocks of the WELL Building Standard and has been fine-tuned to the unique health needs in the Greater Cincinnati community.

BUILDING OPTIMIZATIONS

AIR

Good air quality increases productivity and reduces respiratory disease.

WATER

Poor water quality can lead to gastrointestinal illness and neurological disorders.

NOURISHMENT

Proper nutrition increases mental clarity and productivity.

MIND

The built environment can mitigate adverse cognitive health outcomes by supporting mental health.

LIGHT

Light is the main driver of circadian systems, supporting our alertness and sleep cycles.

MATERIALS

Chemicals in building materials can be harmful, causing headaches and respiratory issues.

MOVEMENT

Regular movement increases mental clarity and decreases sick days.

CHECKLIST

Record your progress and reach your goals with our healthy buildings checklist.

FOR MORE INFORMATION ON SUPPORT OR HOW TO GET INVOLVED

Contact:



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www.2030districts.org/cincinnati

